

Medinah Park District School of Dance

The Medinah Park District School of Dance is a community-based program with a studio feel. We provide quality dance instruction to students of all ages and levels. Our progressive curriculum focuses on core techniques needed to be a strong dancer, but also stresses the importance of positive attitude and hard work. All of our instructors have an extensive background in dance and education and have participated in our training school. In our classes students will develop grace, rhythm, coordination, creativity, and confidence. The Medinah Park District School of Dance provides a fun, safe and structured environment and are designed to equip each student with the proper attitude and experience to excel in their future endeavors in dance. We look forward to seeing you in class!

Creative Movement Track

The Creative Movement program track is specifically designed for early-stage dancers looking for a beginner - intermediate level class offering as a way to get a taste of various dance styles while starting out with a low level commitment. This program invites participants to engage in condensed sessions as a way to experiment, explore or jump-start their involvement in park dance programs.

Tip Toe Toddlers

This class is a perfect introduction to dance and movement for toddlers. Songs, games, props basic technique and tons of fun! It is time to dance!

Ballet Basics

Learn the art of classical ballet. Classes include stretches, introductory barre work, class etiquette, basic technique, games and choreography. As the foundation of all dance, Ballet emphasizes precision, balance and strong technique and is a great style to learn the basic fundamentals of dance.

Dance Foundations Kick-Starter

The Dance Foundations Kick-Starter incorporates technique from the 3 standard American dance styles: Ballet, Tap and Jazz to prepare dancers with a strong dance foundation. Combination classes are a great way for dancers to try multiple styles of dance while meeting new people and having fun. Classes include stretches, barre work, class etiquette, basic technique of each style, games and learning choreography. As the foundation of all dance, Ballet emphasizes precision, balance and strong technique. Tap focuses on the energetic rhythm, musicality and strength of the feet. Jazz dance, a truly American style of movement, matches the upbeat and exciting rhythms of jazz, rock and now pop music. Students will learn a variety of styles in each area while focusing on technique and performance.

Park Studio Track

The Park Studio program track is a studio-quality program designed around the Park District community culture. This track is for dancers of all ages and experience levels who are looking for studio-quality experience within the Park District. Within this program, participants can engage in core studio-level dance classes as well as hybrid, combination classes. All Park Studio classes will participate in the Winter Showcase and Spring Recital. Costume fees are not included. Payment plans are available by request. Please contact Carol Healy at carol@medinahparkdistrict.org.

Foundations Combo (Ballet/Tap/Jazz)

The Foundation Combo class incorporates technique from the 3 standard American dance styles (Ballet, Tap and Jazz) to prepare dancers with a strong dance foundation. Classes include stretches, barre work, class etiquette, basic technique of each style, games and learning choreography. As the foundation of all dance, Ballet emphasizes precision, balance and strong technique. Tap focuses on the energetic rhythm, musicality and strength of the feet. Jazz dance, a truly American style of movement, matches the upbeat and exciting rhythms of jazz, rock and now pop music. Students will learn a variety of styles in each area while focusing on technique and performance.

Classic Combo (Ballet/Tap)

The Classic Combo is the most popular combo for brand new dancers: Ballet and Tap. Classes include stretches, barre work, class etiquette, basic technique of each style, games and learning choreography in

both ballet and tap. As the foundation of all dance, Ballet emphasizes precision, balance and strong technique while tap focuses on the energetic rhythm, musicality and strength of the feet.

Essential Combo (Ballet/Jazz)

The Essential Combo class is ideal for dancers looking to learn the flow and grace of Ballet while also learning the countering face-paced movement of jazz. Classes include stretches, barre work, class etiquette, basic technique of each style, games and learning choreography. As the foundation of all dance, Ballet emphasizes precision, balance and strong technique. Jazz dance, a truly American style of movement, matches the upbeat and exciting rhythms of jazz, rock and now pop music. Students will learn a variety of styles while focusing on technique & performance.

Hip-Hop

Jazz music and dance evolved over the years into the popular style of Hip Hop! Dancers will learn basic hip hop technique along with popping, locking, and many other cool tricks and moves to energetic hip hop music.

Lyrical

Lyrical is the blending of jazz and ballet techniques that uses popular music and provides a modern twist on classic movement while expressing the lyrics of the songs. This popular style of dance can be seen on Dance Moms and So You Think You Can Dance.

Musical Theatre

Musical Theatre is a perfect class for the aspiring Broadway star. Incorporating dancing and acting this class will focus on character development, performance skills, musicality and telling stories through dance and song. Dancers will learn jazz technique and perfect their theatre dance skills.

Performing Dance Company

The Park Studio Dance Company is IAC's premier program for dedicated dancers who are ready to take the next step toward their dancing goals!

- The Park Studio Dance Company is uniquely designed to focus on creating, leading, and guiding dancers on a disciplined and rewarding path that will instill the fundamentals of dance with a sharp focus on technique and choreography during weekly rehearsals.
- This program gives dedicated dancers the opportunity to study Ballet, Lyrical, Tap, Hip-Hop and Jazz more in-depth. Company members will perform throughout the community and at local events.
- Company Dancers are required to take at least one Hybrid Combination class within the Park Studio track to be eligible for the Park Studio Dance Company.
- No audition required, and all ages & experience levels are welcome!

Theatre Arts Track

The Creative Movement program track is specifically designed for early-stage dancers looking for a beginner - intermediate level class offering as a way to get a taste of various dance styles while starting out with a low level commitment. This program invites participants to engage in condensed sessions as a way to experiment, explore or jump-start their involvement in park dance programs.

Storybook Theatre

What's better than reading a good book? Taking part in the action! Each week's New Story and Play will revolve around a different theme including Animals, Superheroes, Numbers and Outer Space. New stations and exciting activities follow the action described in our story to build strength, flexibility, imagination and social skills.

Center Stage (Formally known as Acting Workshop)

New to the world of Acting? This is the perfect class for you! Learn the basics of acting, audition and performing! During this fast paced, interactive class students will play theatre games, do voice and

movement exercises and learn a monologue to perform for parents during the final class. All of these activities will prepare students to take the stage

Camps, Intensives & Pop-ups Track

The Camp/Intensive Track is a group of week long camps offered during school breaks that include crafts, games, technique, and performance. Participants of all ages are encouraged to get involved through this Camp-style track that is designed to help participants fill their school breaks with fun, educational, and movement oriented programming because children who stay active during school breaks improve physically, emotionally and socially during the rest of the year.

Dad & Daughter Ballet Class

Daughters bring their dads to dance class to learn the art of ballet. Craft, technique class, mini performance and photo opts included.

Halloween Hip Hop

Hip Hop skills, Halloween games, a craft and fun Halloween themed choreography.

Mom & Me Dance Fit

Moms and their kids come for an afternoon of dance, fitness and fun.

Nutcracker Ballet Intensive

During this ballet intense week dancers will perfect their ballet technique during daily barre and center work and learning choreography to Tchaikovsky's famous ballet, The Nutcracker. Don't miss out on this amazing experience to experience a real ballet performance.

Special Events

Dance Open House

Meet the dance staff, sign up for fall classes, visit with friends, buy resale dance apparel.
Wednesday, September 6 from 5:30-6:30pm in the Dance Studio

Company Info Meeting

Learn more about our performing company
Wednesday, September 6, 6:30pm in the Dance Studio

Holiday Showcase

Park Studio Dance Classes will perform short Holiday routines for all to enjoy!
Saturday, December 15 at 12:30pm—Connolly Recreation Center Gym
Tickets \$6 presale/\$8 at the door
More information will be provided in class.

Loyalty Program

Participants who are enrolled in 2 or more classes in any track receive 2 vouchers for a free Pop-Up Classes (\$50 value). Dancers who are enrolled in 3 or more Park Studio track classes will receive 2 free Winter Showcase Tickets and 2 free Spring Recital tickets.